

HOW HOT TO COOK IT

Turkey, Chicken, Duck **165° F**
(Whole, Pieces or Ground)

Beef, Veal, Lamb **145° F**
(Steaks & Roasts)

Beef, Veal, Lamb **160° F**
(Ground)

Fish & Seafood **145° F**

Pork **160° F**

Source: <http://www.foodsafety.gov/keep/charts/mintemp.html>